
Lutheran Church of Hope has compiled this list of resources to help anyone in our congregation find a Christian counselor in the Des Moines area. We refer people to counselors and counseling groups that we have met with and feel they share our mission, vision and values. This is not an extensive list – there are other viable options for counseling in our community.

Agencies:

Family Legacy

familylegacycounseling.com

515-727-1338

5415 NW 88th St., Suite 100

Johnston

Glen Haven Counseling/Dr. Dan Earle

glenhavencounseling.com

515-225-2015

6907 Vista Drive

West Des Moines

Heartland Christian Counseling

****Accepts Medicaid/Medicare**

Heartland-christiancounseling.com

515-331-0303 or 866-852-4001

6200 Aurora Ave., Suite 401 E

Urbandale

Kingdom Counseling

Kingdomcounseling.com

515-601-0411

1603 22nd St. Suite 200

West Des Moines

New Hope Personal Growth Center

grounewhope.com

515-270-0200

2670 106th Street #180

Urbandale

Individuals:

Dr. Tracy Miksell-Branch LISW, PhD

doctracyscounseling.com

515-490-1921

215 SE Main St.

Grimes

Sara Fleming LCSW, LISW

****Private pay only, does not accept insurance**

www.sarahflemingcounseling.com

Telehealth only

434-218-5326

Ames

Karen Bauerle, LISW

515-267-1990

3636 Westown Parkway, Suite 219

West Des Moines

Kayla Davidson, PsyD

****Accepts Medicaid/Medicare**

lowacounseling.com

515-222-1999

3737 Woodland Ave, Ste 41

West Des Moines

Brian Hall, PH.D, LMHC

Counselingforgrowthandchange.com

515-243-1020

1248 8th St. Suite 201

West Des Moines

Jami Lacona, LISW

jamilacona@gmail.com

515-421-7891

3408 Woodland Ave. Ste 210A

West Des Moines

Jeni Nash, MSW, LISW, CADC

****Accepts Medicaid/Medicare**

joyfullivingpsychotherapy.com

515-221-8194

2327 70th Street

Urbandale, IA

Faye Petersen, LISW

515-360-1993

3636 Westown Parkway, Suite 219

West Des Moines

Dr. Cora Schuhmacher, PsyD

doccoora.com

515-777-3388

1045 76th Street, Suite 3030

West Des Moines